

# Craig R. LaMont, MS, LMFT

Mapleton, UT 801-380-8828

## *Curriculum Vitae:*

- Education**
- MS, Marriage & Family Therapy, BYU, Provo, UT, 1993-1995.
  - BS, Family Sciences, BYU, Provo, UT, 1990-1993.
  - Attended Utah State University, Logan, UT, 1987-1988.
  - Sky View High School Graduate, Smithfield, UT, 1987.
  - Smithfield Seminary Graduate, Smithfield, UT 1987.
- Licenses**
- Licensed Marriage & Family Therapist, State of Utah. License number 313200-3902, certified since 1996, licensed in 1997.
- Certifications**
- Certified personal trainer since 2005.
  - CPR/First Aid.
  - Behavior Management Training since 1993.
  - Crisis Management Intervention and Prevention since 1993.
  - National Bronze Level Wrestling Coach- USA Wrestling since 2004.
  - M2 Mat Official-USA Wrestling since 2006.
  - National D License Soccer Coach Certification since 2006.
- Organizations**
- Affiliate Member NATSAP (National Association of Therapeutic Schools and Programs) 2006-current.
  - AAMFT Clinical Member (American Association for Marriage & Family Therapy) (1994-2008).
  - UAMFT Clinical Member (Utah Association for Marriage & Family Therapy) (1994-2008).
  - AMCAP Clinical Member (Association of Mormon Counselors & Psychotherapists) (1995-2001).
  - UACARP member (1995-1998)
  - IHC Out patient preferred provider panel (2003-2007).
  - United Behavioral Health. Out patient preferred provider panel (2004-2007).
- Professional Employment**
- Telos Residential Treatment, LLC. CEO & President of the board.
  - T3 Triathlon, LLC, Triathlon Coach, President of the board.
  - AFTEC, January 2004 to present. Clinical Director, Marketer, Program Consultant. Residential Treatment Center for teen girls in state custody. Designing and implementing a gender specific clinical program. Marketing to state caseworkers.
  - Ascent IRT, January 2004 to present. Marketer, Program Consultant.

Independent Residential Treatment Programs for teens in state custody.  
Marketing state caseworkers and consulting for proctor based individual residential treatment.

- New Haven, Inc. 1995 to present. Cofounder. Primarily involved in management, therapy, utilization review (managed care and public schools), admissions and marketing, program theory & design, accreditation, Quality Improvement and Assurance, and all other areas of business management and development.

- Apex Brief Counseling Center, 1995 to 2007. Owner independent private practice for outpatient psychotherapy.

- Oasis Academy, 1995. Primary and group therapist for a residential treatment center.

- FHP, 1994-1995. Outpatient therapist under supervision as an externship for a managed care company.

- BYU Comprehensive Clinic, 1993-1995. Supervised outpatient therapy.

- Charter Provo Canyon School, 1993. Staff unit counselor for residential treatment center.

## **Business/Entrepreneur**

- Telos Residential Treatment, LLC. Founder, owner, CEO, president of the board (2004-current). Private Residential Treatment Center.

- Telos Transition LLC. Founder, owner, president of the board (2005-current). Private Transitional Care facility.

- T3 Triathlon LLC. Founder, owner, president of the board (2006-current). Private coaching and triathlon retail shop.

- Telos Academy LLC. Founder, owner, president of the board (2006-current). Private secondary boarding school.

- Telos Properties LLC. Founder, owner, president of the board (2004-current). Property management company.

- Apex Brief Counseling Center, Founder, Owner (1995-2007). Independent psycho-therapy practice.

- Discovery Ranch Inc. Co-founder, co-owner, initial program design and development (2005-current). Private Residential Treatment Center.

- Discovery Ranch Properties LLC (2005-current). Co-owner. Property management company.

- Catalyst LLC. Co-founder, co-owner, board member, initial program design and set up (2006-current).

- LaMc LLC, Founder, Owner, Manager 1995-2005. Property management company.

- New Haven Inc. Founder, Owner, Manager 1995-2005. Private Residential Treatment Center.

- Saratoga Springs Academy LLC, Founder, Owner, Manager 1999-2005. Private Residential Treatment Center.

- Drug Talk Inc., Board member, co-owner, consultant, 2005-current. Drug prevention and education company.

- Durango Mexican Grill, Inc. board member, co-owner, consultant

1999-2002. Restaurant Chain.

•Nellie, LLC. Founder, Owner, Manager 1996-2005. Agriculture development and livestock company.

### **Board/Consulting Experience**

- Note board service in all of the above businesses.
- The Utah Amateur Wrestling Foundation. Board member, Treasurer 2005-current. Foundation dedicated to amateur wrestling in Utah, specifically focused on raising funds for Utah Valley University Wrestling Team.
- Homeward Bound, Inc. Advisory Board. Private aftercare and preventative in home interventions for at risk youth.
- Maple Lake Academy, LLC. Advisory Board. Private Residential Treatment Center.
- National Association Therapeutic Schools and Programs. Board member (1999-2008). Ethics Committee Chair, Elections Committee Chair, Executive Committee, Hiring Committee Chair, Treasurer, president elect, current president (2008-2010). Extensive opportunity to work in public policy and advocacy in Washington DC.
- Sunrise Village Homeowners Association-President (1994-1998). Private Homeowners association in Provo, UT.
- The Adoption Center of Choice, Inc. Board Member (1996-1998).
- Utah Association of Marriage and Family Therapists. Board member, membership committee (1996).
- USA Utah Wrestling. Board member, President, State Chair, Kids director, State Kids team coach. Current president since 2006.
- Champions Wrestling Club. President, founder, Head Coach 2002-2008.
- Hobble Creek Storm. 501c3 soccer club. Board advisor, coach 2004-current.
- Paid of volunteer consultant to 22 treatment-related programs in the US since 1996 without board service.

### **Clinical Specialties**

- Adolescents/Parenting. Not only as families but extensive experience in-group work with teens, parents, and multi-family groups. Both for in-patient and outpatient settings.
- Depression and other mood disorders.
- Marital Therapy. Including marital discord, sex therapy, pre-marriage counseling, and marriage enhancement.
- Custody Evaluation/Divorce Mediation.
- Anxiety disorders.

### **Professional presentations**

- Conference Presentation – “Family Systems Programming”. Fifth Annual NATSAP Conference 2004 – Best Practices. Sand Key Resort Hotel, Clearwater Beach, FL.

- Group facilitator/Presenter “Making a Difference in Families with Struggling Teens”. Annual Conference on Families, 2002, Brigham Young University.
- Conference Presentation “Teens Creating Fire”. Families Under Fire Conference, 2001, Brigham Young University.
- Keynote presentation “Gender Specific Treatment in a Residential Setting”. LDS Social Services Regional Training, 1999, Austin, TX.
- Conference Presentation “Short Term Therapy in a Residential Setting”. AMCAP Annual Conference, 1997, Salt Lake City, UT.
- Local Professional Presentations to small community groups, church groups, or school groups on various topics. ie: “Healthy Communications Between Husbands & Wives”, “Stop Binge Eating”, “8 Steps to Healthy Habits”, “Modesty as a Virtue”.

## **Research/Publications**

- ”The Effect of Child Sexual Abuse on Single Young Adult College Women’s Marital Attitudes and Readiness”. Thesis, 1995, BYU.
- ”The Relationship of Childhood Sexual Abuse to the Marital Attitudes and Readiness for Marriage in Single Young Adult Women”. Published in The Journal of Family Issues Volume 26 No. 4 2005.
- Adolescents Treatment Outcomes. Created the primary outcome measure for the primary aftercare research project at New Haven, Inc. In charge of all assessment, data aggregation, and outcome measures at New Haven for seven years.
- Supervised doctoral dissertation by Carol Daniels on the correlation between successful residential treatment outcomes and child ratings of their own parents’ parenting styles.
- ”Long-Term Effects of Child Sexual Abuse in Adult Women”. Unpublished research paper.
- Internal locus of control. Major area of research and study during graduate work.
- Premarital predictors of later marital stability. Primary topic studied for two years as a research assistant for Dr. Jeffrey Larson at BYU.
- Electro-Convulsive Shock Therapy for severely depressed patients. Unpublished research paper.

## **Teaching**

- Family Relations Sunday School Class Teacher 2004 to present
- Teaching Assistant: Supervised at BYU by Dr. Bernard Poduska teaching “Theories in Family Science”, 1993-1995.
- Religious education classes in LDS seminary.
- Guest Lecturer in Dr. Russ Crane’s “Professional Issues” course, BYU, (1998-2003)
- Guest Lecturer in Dr. Roy Bean’s “Professional Issues” course, BYU (2004-current).

## **Coaching**

- Head Wrestling Coach Mapleton Jr. High School (2006-2008).

- Head Wrestling Coach Springville Jr. High School (2004-2008).
- Assistant Wrestling Coach Springville High School (2004-2008).
- Head Wrestling Coach Champion's Wrestling Club (2002-2008).
- Head Wrestling Coach USA Utah Kids National Team (2003-2008).
- Head Soccer Coach HC Storm Girls soccer team (2000-2008).
- Assistant Soccer Coach Springville High School Girls Soccer (2005-2008).
- Head Triathlon Coach T3 Triathlon Club (2004-2008).
- Volunteer Community Sports Coach for football, softball, baseball, v volleyball, soccer, and wrestling since 1987.

## **Other Experience**

- Mapleton City Counsel Recreation Committee appointee (2002-current).
- Public speaking - Extensive experience in public speaking. Primarily to youth as a motivational speaker and also to many women's groups. Was on BYU's public speaking circuit for two years (1993-1994).
- Co-chair of the third annual NATSAP Regional Conference. September 2003, Provo, Utah. Full day professional conference for adolescent care providers.
- Fluent Spanish - lived in Mexico for 2 years serving a full-time LDS mission.
- Emergency Preparation Block Captain for community response in disaster.
- Chartered Organization Representative, Scout Master, Venture Leader, Explorer Post Advisor, Merit Badge Counselor, Committee Chair, in Boy Scouts of America Organization. Service from 1993-current.
- Member of the Golden Key National Honor Society while at BYU.

## **Sports**

- Kimball Memorial Award (Brigham Young University's Top Scholar Athlete Award), 1994.
- Three year NCAA division one letterman & National Private Schools Champion in wrestling.
- Three times First Team All-WAC Academic.
- First Team NCAA division one Academic All-American.
- First inductee into Sky View High School Athletic Hall of Fame class of 2008.

## **Awards**

- Multiple athletic and academic awards in high school & college.
- Dean's List BYU, 1993-1994
- Leadership Excellence Award, US Army ROTC, 1988
- Eagle Scout. 1987

## **References**

- Available upon request.

**Biographical Statement**

•Craig LaMont is primarily a husband and father. He has been married since 1990 and has five children. Although he loves his profession and excels therein, he also loves to get involved in many other activities like coaching youth athletic teams, serving in his church, scouting, and he regularly competes in triathlons. He is an active member of the Church of Jesus Christ of Latter-Day Saints as an ordained High Priest.